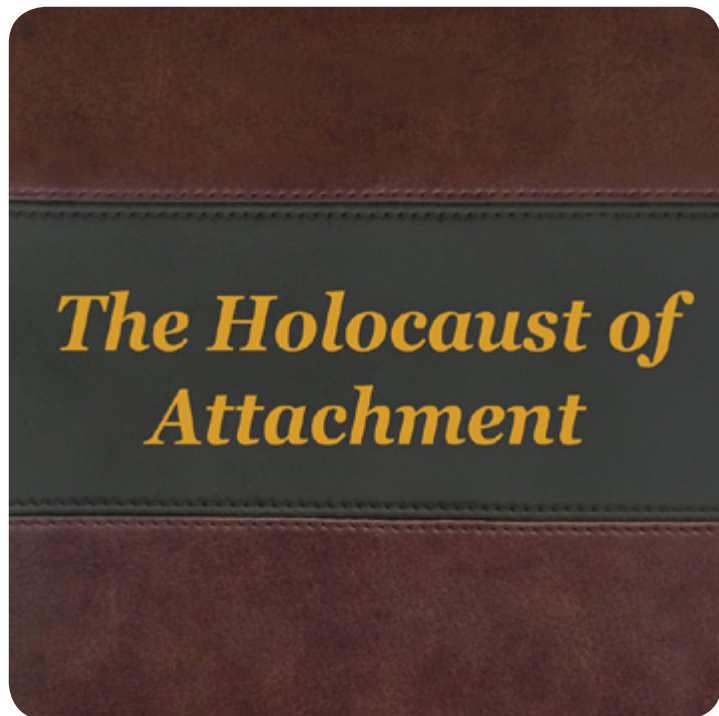


YOGA FOR YOUR INTELLECT

Maturity • Empathy • Self-reliance

Sunday 1st October: Ch. 5, *The Role the Intellect Plays*



Attachment is emotional dependency on the world.

And yet because we fail to discern the difference between attachment and detachment we chase restriction, and shun freedom.

Understand how attachment and detachment function at the different levels of life.

Sundays 10:00-11:00am

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815 Mission St.
Sth. Pasadena