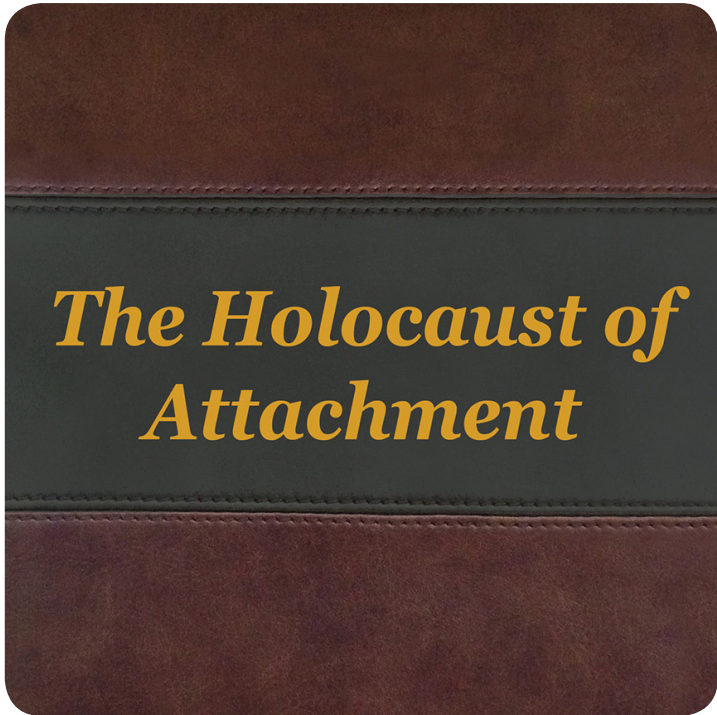


YOGA FOR YOUR INTELLECT

Maturity • Empathy • Self-reliance

Sunday 21st May: Ch. 2, *Captive of the Mind* The mind's likes-dislikes, attachments, emotions can control and direct our life if we lack intellectual development. Knowledge brings freedom.



The Holocaust of Attachment

Attachment spoils our relationship with every aspect of life. Understand how attachment arises, its harmful effect on life, and how it can be overcome.

Sundays 10:00-11:00am

[Orange Grove](#) 815 Mission St.
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Glen Callahan has been a student, practitioner, and teacher of Vedanta since 2006. He conducts classes, seminars, and workshops on Vedanta throughout LA.